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GENERAL INFORMATION

Spiritual Tours introduced by Travel Spirit International (Travel agents and Tour Operators)

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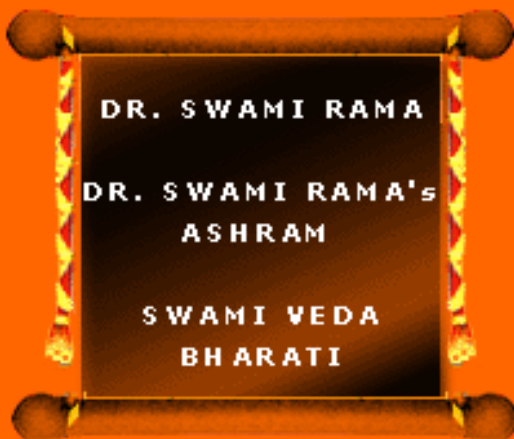
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GENERAL INFORMATION

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Airlines Time Table	Distance Calculator	Currency Convertor	Weather Calculator	Railway Time Table
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GETTING TO RISHIKESH FROM DELHI

By Air

The closest international airport is New Delhi's Indira Gandhi International Airport. Domestic airlines fly from Delhi's Palam Airport to Dehradun's Jolly Grant Airport. Flights are available on Tuesdays, Thursdays and Saturdays. The duration of the flight is forty minutes. From Dehradun, you take a 30 Minute drive through the Rajaji Wildlife Sanctuary before arriving Rishikesh..

Airlines Schedule

Flight	Sector	Timmings	Days of Opration
IC 473	Delhi / Dehradun	1345 / 1435	Tue, Thu,Sat
IC 473	Delhi / Dehradun	1345 / 1435	Tue, Thu,Sat

By Rail

The Indian Railways offer an efficient train service, the shatabdi Express, with convenient daily services to and from New Delhi Railway Station to the closest Railhead at Haridwar Station.

Shatabdi Express Schedule

Departure Delhi	0700 hrs	Arrival Haridwar	1130 hrs
Departure Haridwar	1808 hrs	Arrival Delhi	2230 hrs

From Haridwar, the ride to Rishikesh Takes 30 Minutes.

By Road

The distance from Delhi to Rishikesh is approximately 230 km along a National Highway. The route takes you through the historical cities of Meerut, Muzzafarnagar, Roorkee and The holy cities of Haridwar.



About Rishikesh

Rishikesh sits along the holy river Ganges, about 200 Kms northeast of Delhi, and is the doorway to the Himalayas. This ancient and holy town is the Yoga Capital of the world. This pious town is renowned to be birthplace of Ayurveda and is also famous for its ancient temples, ashrams and monuments.

Ancient landmarks such as the Laxman Jhula and the Bharat Manndir enjoy histories that blend into legends and the Aarti at Triveni Ghat, which is the confluence of the Holy Ganga, the Yamuna and the Saraswati is a event to witness.

Weather

Weather can change quickly since Rishikesh is at the meeting Point of the Himalayas and the Plains. The following temperatures and monthly rainfall amounts should help you to Plan.

Temperature at a Glance

Month	Low		High		Rainfall Centimeter
	Centigrade	Fahrenheit	Centigrade	Fahrenheit	
January	3 -9	37-48	15-20	59-68	2-6
February	5 - 10	41-50	18-25	64-77	2-6
March	10 - 15	50-59	24-29	75-84	2-4
April	15 - 20	59-68	28-33	82-91	1-2
May	24 - 29	75-84	35-45	95-115	1-2
June	25 - 30	77-86	35-45	95-115	7-12
July	24 - 29	75-84	32-37	90-99	25-37
August	22 - 27	72-81	30-35	86-95	18-30
September	20 - 25	68-77	28-33	82-91	12-18
October	15 - 20	59-68	27-32	81-90	2-4
November	10 - 15	50-59	23-28	73-82	0-1
December	4 - 10	39-50	17-22	63-72	0-1

Electricity

The electricity is 220 volts and often drops causing dimming of lights etc.. The power goes off at times as well. There is a severe energy shortage in India, so please conserve.

Changing Money

You can exchange foreign currency at local banks in Rishikesh, but there may be difficulty changing travelers cheques in Rishikesh. The nearest bigger town (the County seat) is Dehradun, about an Hours drive from Rishikesh.



Places of Interest near Rishikesh

Haridwar

The holy city of Haridwar is located 42 kilometers south of The Ananda and is home to some of the Most sacred Hindu rituals. Round the year, devotees from all over the country flock here in their thousands to perform "Poojas" or prayers. Renowned for the "Maha Kumbh Mela" which appears Every 12 years and the enchanting "Aarti" at "Har Ki Pauri" which captives the beholder with hundreds of burning wick lamps floating down the Ganga, this town has been distinguished for centuries in the Indian society.

Dehradun

Dehradun, this picturesque town lies in the beautiful Doon Valley, nestled in the arms of the Himalayas and flanked by the might Ganga and Yamuna. The town draws it name from dehra Meaning camp and Dun meaning valley between two mountains. Spread across miles of unspoiled Nature, rich in scenic beauty this place is a traveler's delight.

A peaceful drive, just over an hour, takes you down the twisting roads to Rishikesh and on through The scenic countryside, past the Jolly Grant Airport to this bustling borough. Well known as the Oxford of India for its Public Schools and other institutions, Dehradun has something to offer to all..

Kunjapuri

This holy shrine is dedicated to the Goddess Shakti, the consort of Lord Shiva the Destroyer and is located at 1645 meter above Sea level.

Folklore has it that this is the spot where the Chest or Kunja of Shakti's body was found after the Sudarshan Chakra of Lord Vishnu, the Preserver, had disseminated it. The legend claims that the original temple was built at the dawn of time, however the present temple was built in 1983. Offering a spectacular 360 degrees view, this is one of the most breathtaking spots in the region and is a place well worth visiting.

Spiritual Programmes	Extension Tour	Holistic Medical Care
Yoga	Meditation	Ayurveda

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